

# Autumn Menu 2024

## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Cornflakes, porridge toast & clementine	Porridge, cornflakes, toast & plums	Porridge, cornflakes, toast & apple	Porridge, cornflakes, toast & blueberries	Porridge, cornflakes, toast & grapes
Bagels with sweet chilli houmous & sliced avocado	Crackers with aioli dip & baby cucumber OR	Oatcakes with onion & garlic dip and green pepper	Sugar snap peas and hummus	Sandwich thins with guacamole
Jacket potato and beans	Chicken pie with mash and roasted veg	Lentil dhal and rice	Beef Chilli / Bean chilli and rice	Fish chips and mushy peas
Natural yoghurt, chia seeds and raspberries	Vegan Jelly	Soreen banana loaf	Pear & custard	Semolina and apricots
Beanie dip and breadsticks	Toasted Pitta with sour cream & chive dip and red pepper	Cheese twists with avocado	Beetroot dip with veg sticks	Flatbread with salsa & carrot
Herby tomato pasta and veg sticks	Orzo italian soup	Toasted tuna and cheese baguette	Crumpet with cheese and tomato	BBQ pizza bagel and Baby corn
Cantaloupe melon	Honeydew melon	Galia melon	Watermelon	Pineapple

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## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Shreddies/porridge toast & red apples	Shreddies/porridge Krispies, toast & blackberries	Shreddies/porridge toast & raspberries	Shreddies/porridge toast & pear	Shreddies/porridge, toast & clementine
Breakfast muffin with cucumber & onion and garlic dip	Corn cakes, avocado and salsa	Pitta with sour cream & chive dip and yellow pepper	Cheese twists and warm salsa	Flatbread with tzatziki & carrot
Potato and chickpea curry with rice	Chicken thighs, roasted seasonal veg with mash	Beef shepherd pie	Turkey Bolognaise and Broccoli	Fish pie with peas and sweetcorn
Banana & custard	Jelly and berries	Peaches & cream	Greek yoghurt with mango pulp	Rice pudding and home made Jam
Crackers with aioli dip & baby cucumber	Beanie dip with vegetable sticks	Apple, cheese, pickle and crackers	Sandwich thins & guacamole	Crustless quiche
Cheesy pizza bagels with vegetable sticks	Crumpet with cheese spread and baby corn	Butternut squash soup with toasted fresh bread	Tomato and basil pasta with celery	Beans on toast
Water melon	Galia melon	Honeydew melon	Cantaloupe melon	Pineapple